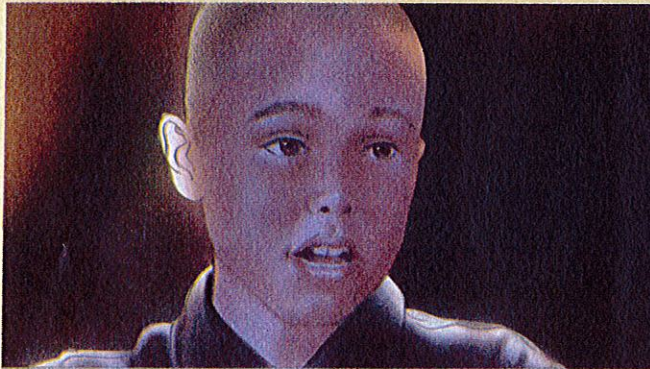
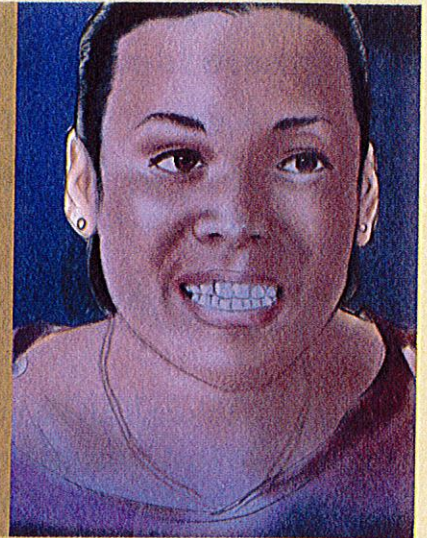


ANA

When I first found out I had asthma, I was worried. I thought my life would change a lot. But it's not like that. I still go out with my friends. Asthma doesn't take up my whole life. My friends at school look out for me, and my teachers know about it, too. As long as I manage it and take my "controller" medicine every day, I'm fine!



ROBERTO

My parents found out I had asthma a few years ago when they took me to the doctor for a bad cold. The doctor told me that my asthma can get worse when I have a cold or the flu. At first, my mom showed me how to take my medicine. Now I know how to use my "controller" inhaler at home. I carry my "rescue" inhaler everywhere I go, and I use it if my asthma gets bad.



DOCTOR

Sometimes I forget that my patients need me to speak slowly and clearly. So, I am glad if they tell me to slow down or explain things again. It's my job to help them understand their health. Patients have a right to know everything about their health. Please ask me.