

I believe that year round school is a great idea. With year round school as an option, I feel that students would have less time to forget what was learned. Also, I believe that progress in a person's studies would increase. Also goals a student sets out could be reached faster. I also believe that more time spent in school could lead to less unhealthy decisions. It could also help a person's communication skills and relationships with others. Year round school is good for building healthy relationships with people. For instance, teachers in school have life goals and could help a student to reach their potential. Time spent with people who are doing the right things with their lives give hope to others that they may do the right thing as well. In addition to this, year round school is a great way to stay busy, learn at a faster pace,

and earn degrees faster. Lastly
I feel that school year round
could prevent lapses in a student's
memory. ^{Not} And become very beneficial
to the success of students around
the world. With all the reasons
I've given, I think that year round
school can be very helpful in many
aspects of a person's life. I think
if more people devoted their time
to school they would have less
legal and financial problems.

① always capitalize "I"

② you're listing reasons but not really developing
them. After you give a reason, give an explanation

for your reader

③ note revisions on plurals vs. possessives.

④ Break into 3+ paragraphs

2.5

Should States Ban Junk Food in Schools?

Benny Ryan

3/1/17

There is an ongoing debate in the United States -

States banning junk food in schools. Because of

rising obesity rates, 16 states have banned the

sale of junk food in school vending machines.

States' bans on junk food in schools have many

positives and negatives in American Society. In

comparing the pros and cons, allowing local

communities to decide on what is sold in schools

offers more opportunity for children to learn to

make good decisions about food choices. Although

it may make sense to ban junk food in some cases,

I am against the ban. To begin with, there is the

problem of defining junk food. Who defines what

junk food is? Is it pizza or cheeseburgers that

many school cafeterias serve? Are we talking

about potato chips, Soda, mac pastries? Regardless,

all of these items are high in sugar, fat, and salt.

Children get to make their own choices at home.

Furthermore, who makes the decision what is best

for local school communities? I believe that

locally elected school board members are

in the best position to make policy decisions. What

money u and use

2

the state government. I feel that what is sold
 in school vending machines should be decided at
 the local level. This is how the American
 education system is designed. ^{in addition,}
 it is important for children to learn to make
 good choices. Banning junk food would not
 teach children to make a choice. ^{it would}
 only remove some of their options. However,
 it is better to teach children about nutrition
 & require more physical activity instead
 of foods. We know childhood
 obesity is a problem. but banning
 it is not the answer.

Benny Pryor

The Harm of Television

Watching large amount of television for adults can be harmful and really bad for children. According to a new study, watching too much television can take years off your life. Adults with no history of heart disease die faster than those who watched less than two hours of TV per day.

In addition dying from heart disease increase by 18 percent and the overall risk of death by 18 percent according to the study. "The real problem appears to be that sitting is the default position for TV viewing says lead study author David Dunstan, Ph.D. the head of the physical activity lab at the Baker IDI Heart and Diabetes Institute.

Prolonged watching of television equals a lot of sitting, which inevitably means there's an absence of muscle movement in your muscles.

inactive for too long, it can disrupt your metabolism. Moreover, exercise doesn't necessarily make up for long sessions in front of the tube. When they compared groups of adults who exercised the same amount but watched varying amounts of TV, those who

3

watched more TV were still at a higher risk of

dying during the study.

Additionally, exercise is important for your health, so avoiding prolonged periods of sitting is nearly as important. However, the more you move the greater the health benefits are likely to be.

Is tv really so bad for kids? Surgeon General's

report last year concluded 61% of all TV programming contains violence, violence and sexual images are

as much a part of today's TV programs. Children who watch large amounts of non-educational TV

will see about 8,000 small-screen murders by the time he or she completes grade school. Our children

devote more time on the internet, video tapes, video games, and radio than they devote to any other activity except

sleep, according to the FCC. Television has a very big influence on our kids, and a lot of it is negative. Recent study shows

that pre-school kids who frequently watch violent TV programs or play violent video games are 11 times more likely

to engage in aggressive and anti-social behavior than kids not frequently exposed. Watching a lot of TV for

kids does - cause new - problems just behavior problems. In conclusion watching too much TV is harmful for adults

when they are sitting prolonged periods of time just

exercising and for children when they
arent supervised.