

## Unit One Glossary

**abbreviate**

a short way of writing something

**anecdote**

a brief story

**auger**

tool used to drill holes

**blog**

an online journal in which other readers can comment and discuss the information with each other

**blogosphere**

the Internet area that blogs occupy

**blogroll**

links to other websites listed on the blog

**couch potato**

a person who spends a lot of time watching television, a person who is not very active

**debris**

wreckage, the remains of something destroyed

**details**

small items or parts

**dialog**

a conversation between two or more people

Write SMART

### **dialog journal**

two or more people talking to each other by writing in a journal

### **entry**

something written, an addition to a journal

### **essay**

a formal, structured piece of writing

### **extended family**

relatives/close friends other than the immediate family

### **Facebook**

a popular, free, social networking website that allows registered users to send messages, create profiles, upload photos and videos

### **fast food**

food served in a type of restaurant that serves food quickly and cheaply

### **food journal**

a journal where you record the food you eat on a daily basis

### **free write**

write without rules, without limits

### **getting it off your chest**

is an expression that means saying/writing what you think instead of holding back your thoughts

### **immediate family**

mother, father, brothers and sisters

Write SMART

**journal**

something that you write in, a written record of your thoughts

**junk food**

food that is generally known to be tasty but not very healthy/nutritional

**lurker**

someone who reads blogs but does not write comments

**manifest**

refers to records kept by ship's staff

**newsletter**

report giving news of interest to a special group

**nutritional**

refers to the quality of food that provides nourishment; food that is high in vitamins, low in salt, sugar and fats

**online**

usually means connected to the Internet

**personal**

refers to you and things about you

**post a comment**

respond to blogs and other comments to the information online

**punch**

word or words used to liven up or add color to a conversation or writing

Write SMART

**reflect**

to think about

**sift**

a mixture or an assortment

**significant**

meaningful, important

**therapeutic**

helpful, healing, soothing

**version**

an interpretation, a particular point of view

**website**

a place on the Internet where you can get information on different topics

**wiki**

a type of website that allows the visitors to add, remove, and edit the available content